



Turmeric Ginger Orange Shots

Ingredients:

7.6cm of turmeric

7.6cm of ginger

1 orange (peeled)

1 apple

Directions:

Wash all produce thoroughly.

- Cut apple and segment orange to fit in hopper.
- Juice all ingredients in your Omega Juicer.
- Drink as a shot.



JUICERS SOUTH AFRICA

recipe sourced from Omega Juicers USA

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